Junior Development Section, SSAA (ACT) Inc

Coaching Program Explained

There are several aspects to the Junior Development Coaching program, they include:

1. **The Range Safety Rules** – which are used to make juniors aware of our safety requirements.

2. **The name labels** – which juniors wear at Junior Development Session. These labels are colour coded, juniors wear the colour that they have achieved in the Competency Program. Beginners wear white name labels at each session. Very experienced shooters may wear blue or even red, depending on how advanced they are.
The progression is **white**, **yellow**, **orange**, **green**, **blue** and **red.**

3. **The booklet** – *Introduction to Rifle Target Shooting* which outlines the way that we teach juniors to shoot and is designed as an information manual for juniors, it can be purchased from JDS at a cost of production fee.

4. **The quizzes** – which help prepare juniors to achieve their Safety Certificate to gain their Junior Licence.

5. **The Competency Program** – which outlines the levels of competency which juniors should aim to achieve as they progress through the program. This program tells juniors the aspects of shooting that they should concentrate on at their stage or level.

6. **The Competency Card** – these cards are kept in a folder at the range. Each new junior writes their name on a new card and files it in the folder. As they achieve competencies they ask a range officer to sign off that they have achieved the competency on a particular date. Most competencies have to be achieve three times to qualify the junior to progress from one level to the next.

7. **The assessment phase** – when a junior believes that they are ready to progress to the next level they bring their Competency Card to the Junior Development Co-ordinator for validation. The Junior Development Co-ordinator will allow for the promotion if the junior has achieved the competencies on their card and the Junior Development Co-ordinator believes that they have shown a sufficiently mature attitude to their shooting. The maturity of a junior's attitude is judged on the number of times they have had to be reminded on safety procedures and other behaviour at the range.

Each of the documents mentioned here is available from the front desk at Junior Development Sessions and from the Co-ordinator by email.

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How to use your *Competency Card*:

\# Each Junior has a **Competency Card** with their name on, which is kept in a folder by the JDS Coordinator.

\# Each Junior receives a copy of the **Junior Development Coaching Program** at Registration. It is also published on the notice board and is in the Junior Development Coaching Program Folder

\# At each Junior Development Section session the Junior will identify the competency they are working on at that session to their Instructor / Range Officer who will then ensure that the Junior is aware of the relevant sections of ***Introduction to Rifle Target Shooting*** and the Junior Development Coaching Program Folder which is kept at the Range.

\# Each time a Junior achieves a competency which should be recorded on their competency card. The Junior will access the folder and present their card to the Instructor / Range Officer who will verify that the competency has been achieved and sign and date the card.

It is the responsibility of the Junior to ensure that their card is signed by their Instructor / Range Officer

Juniors must complete all competencies for one level prior to being promoted to the next level.
However, they may achieve competency for levels above their current level in anticipation.

\# When a Junior believes that they have achieved all the competencies for a level they must present their completed Competency Card to the Junior Development Coordinator who will confirm the promotion should the junior not be deemed to have behavioural problems: no finger on trigger until ready to fire, no uncontrolled muzzles, no skylarking with firearms, always obeys Range Officer instructions etc (see JDS Range Safety Rules).